

Are all Coral Calcium from Okinawa the Same?

Fossilized coral contains less than 1% magnesium, whereas marine coral has about 12% magnesium. This balances the 24% calcium for the ideal biological 2:1 calcium/magnesium ratio. Because of the lack of magnesium in fossilized coral, magnesium compounds are often added, which results in a substantial dilution of the coral. Others do not have our certified, marine-grade magnesium which is 100% absorbable.

Coral Calcium Supreme

Coral Calcium Supreme contains 345 mg of fully-absorbable ionized calcium, which is absorbed into the body in as little as twenty minutes, rather than six to eight hours as with most calcium supplements. Because it is in capsule form, all of the coral is ingested, as opposed to the "tea bag" form where the non-water-soluble coral remains after use. Additionally, Coral Calcium Supreme contains beneficial microbes unique to Okinawan coral that aids in the digestion of calcium and other nutrients

A pH test can indicate how alkaline or acidic your body fluids may be. Scientists have found that healthy people have systems that are alkaline and that those with an overly acidic bodily pH are more prone to diseases such as cancer, diabetes, arthritis, heart disease as well as gall and kidney stones.

Calcium has the ability to build up the alkalinity of your bodies systems and maintain this natural buffer to disease. Calcium is critical to good health, just like water and air. You must have all three every day! Calcium is involved in literally hundreds of critical body functions daily. Several years ago, congressional document # 23476 said there are not enough minerals in the soil to support health for our bodies. Food supplements are necessary to help keep us healthy.

Dr. Linus Pauling, who twice won the Nobel Prize, said, "Every disease is directly linked to a mineral deficiency."

Considering all of the major minerals, Calcium is near the top in the order of most importance; almost twice as much Calcium is needed compared to any other mineral. In certain regions and countries of the world you will find very little degenerative disease. A major difference is their diet and their ingestion of minerals, including generous amounts of calcium daily. It's found naturally in their soil and drinking water. Most of us however, must supplement our diets with good quality calcium. All forms of Calcium are not created equal. Calcium lactate and calcium phosphate are similar in consistency and appearance to plaster. Calcium carbonate, the least bio-accessible form resembles chalk. Only 5% of the Calcium in Calcium Carbonate is absorbable in 20 hours. It makes good plant fertilizer, but is not very useful for human bodies. In most Calcium capsules found in health stores today, about 60% is generally carbonate, which is practically unusable.

People have been taking Coral Calcium in other countries for years, but it is relatively new to the United States.

Coral Calcium is ionized when taken, contains 70 other trace minerals plus magnesium. These minerals are bio-available and 100% absorbable!

What about Sachets or Tea Bag Coral Calcium?

Many commercial companies have promoted coral calcium from Okinawa as though it is all the same material. However, the harvesting of marine bed coral calcium is much more delicate, difficult and costly than merely collecting fossilized coral from beach mines. This fossilized coral has undergone thousands, if not millions, of years of erosion, losing most of its magnesium content and much of its trace metal nutrient content.

Taking coral Calcium in tea bag form is far less desirable than consuming the coral in a powder or capsule form. Tea bag coral is less effective, as the user is only benefiting from about 2% of the marine nutrients that dissolve. When it is consumed in its complete form, the result is the consumption of over fifty times as many mineral nutrients.

DOSAGE: Research has shown that taking two to three capsules daily (if you are well) six capsules daily (if you are sick) will yield the most beneficial results.

What your body doesn't need, it will lose. Coral Calcium is nearly completely bio-accessible; you cannot take too much Coral Calcium. If you are taking calcium carbonate (the chalk like kind), you can get constipated. This does not happen with our product, as it is perfectly balanced with magnesium.

Coral Calcium Supreme is 100% pure coral calcium with no additives, mined freshly from the reef by mining (or vacuuming up) the fresh droppings. They do not harm the growing coral reef, but merely do housekeeping chores of sweeping the area, which in turn helps to coral to grow at a faster rate.